



Svensk Beteendemedicinsk Förening

Behavioral medicine in primary and specialist care

Online symposium held by the Swedish Behavioral Medicine Society in collaboration with the Center for Psychiatry Research, Karolinska Institutet, Stockholm, Sweden

Tuesday, February 9, 2021, 14.00-16.30, via Zoom.

Register at: <https://uu-se.zoom.us/meeting/register/u5Urceqvqj4tG9ZtE3YPegGCh9dudMSbaims>

Invitees: Practitioners and researchers with an interest in behavioral medicine, Center for Psychiatry Research, Karolinska Institutet/Stockholm Region affiliates, colleagues at the Department of Psychology, Uppsala University, Members of the Nordic Network on Behavioral Medicine - Danish, Finnish, Norwegian and Swedish Societies, KI LifeNet members

- 14.00-14.10 **Anne H Berman, PhD, President-Elect ISBM, President, Swedish Society of Behavioral Medicine**
Associate Professor, Center for Psychiatry Research, Karolinska Institutet
Senior Lecturer, Dept of Psychology, Uppsala University
A Globally Urgent Agenda for Behavioral Medicine
- 14.10-14.30 **Lance McCracken, PhD**
Professor, Department of Psychology, Uppsala University
Behavioral Medicine Approaches for Chronic Pain Today and Tomorrow
- 14.30-14.50 **Åsa Thurfjell, MD**
Academic Primary Care Center, Stockholm Region
Infrastructure for work with lifestyle habits- from local to national level and vice versa
- 14.50-15.10 Discussion/mingle break
- 15.10-15.30 **Patrik Engdahl PhD cand.**
CEPI, Center for Evidence-based Psychosocial Interventions, Lund University
mWorks- A digital support tool for individuals on sick leave with mental health issues in primary care, who wish to return to work
- 15.30-15.50 **Anna Finnes, PhD**
Department of Clinical Neuroscience, Karolinska Institutet
Work-focused CBT – integrating the work situation in CBT for patients on sick leave
- 15.50-16.10 **Marcus Bendtsen, PhD**
Senior Lecturer in Experimental Social Medicine and Public Health, MH/SAM, Linköping University
Digital Lifestyle Interventions - From eHealth to mHealth and from single to multiple lifestyles
- 16.10-16.30 Discussion

Registration information

Symposium held by The Swedish Behavioral Medicine Society in collaboration with the Center for Psychiatry Research
Tuesday, February 9 2020 14.00-16.30

Register at: <https://uu-se.zoom.us/meeting/register/u5Urceqvqj4tG9ZtE3YPegGCh9dudMSbaims>